Soft skills checklist

- [ ] Communication — Communication
- [ ] Written communication — Communication
- [ ] Negotiation — Communication
- [ ] Collaboration across teams — Collaboration
- [ ] Empathy — Emotional intelligence
- [ ] Emotional regulation — Emotional intelligence
- [ ] Mentoring — Leadership
- [ ] Decision-making — Leadership
- [ ] Critical thinking — Thinking
- [ ] Attention to detail — Thinking
- [ ] Adaptability — Resilience
- [ ] Openness to feedback — Resilience
- [ ] Organisation — Self-management
- [ ] Initiative — Self-management
- [ ] Customer service — People
- [ ] Networking — People
- [ ] Integrity — Values
- [ ] Curiosity — Values
- [ ] Active listening — Communication
- [ ] Public speaking — Communication
- [ ] Teamwork — Collaboration
- [ ] Conflict resolution — Collaboration
- [ ] Self-awareness — Emotional intelligence
- [ ] Leadership — Leadership
- [ ] Delegation — Leadership
- [ ] Problem solving — Thinking
- [ ] Creativity — Thinking
- [ ] Research — Thinking
- [ ] Resilience — Resilience
- [ ] Time management — Self-management
- [ ] Reliability — Self-management
- [ ] Work ethic — Self-management
- [ ] Cultural awareness — People
- [ ] Persuasion — People
- [ ] Accountability — Values
- [ ] Patience — Values

Notes